

RESEARCH FOR DIVIDED AND DISUNITED ZOOM PRESENTATION.

There are two ways to lead people and drive impact.

One way is by dividing people. Create a mutual enemy and lead a crusade to conquer it. Turn it into a life or death situation; the sense of urge unleashes unconditional support. Conquering, winning at-any-cost, is all that matters.

Another way to lead is by uniting people. Create a shared ambition and inspire people to build it with you. Turn it into a life quest; the journey to build something bigger than themselves unites people. The desire to leave a legacy is why people join a mission.

Leaders have two choices—to unite or divide.

Now, consider what life would look like — not just in an election cycle, but *all the time* — if acrimony (bitterness /ill feeling) gave way to harmony, if building walls gave way to building bridges, if time spent with family and friends transformed from a battleground to finding common ground.

That not only can happen, it is happening — at dinner tables, neighbourhood gatherings and community events all around the country, says Mark Gerzon, an expert in “transpartisan dialogue” techniques for transcending party differences, and author of *The Reunited States of America: How We Can Bridge the Partisan Divide*.

The keys to this transformation, he says, include: -

- **Valuing relationships over “being right”**
- **Thinking critically about your own positions.**
- **Staying open to those who differ with you so you can expand and enrich your point of view.**
- **The willingness to work through differences with civility and respect.**

Mark Gerzon, an expert in “transpartisan dialogue” techniques for transcending party differences, and author of *The Reunited States of America: How We Can Bridge the Partisan Divide*.

The key takeaway is that peace and harmony in every situation begins with you.

If you can create harmony within your own family, you will be better equipped to communicate effectively, find common ground, and promote reconciliation and unity in the wider community and the world at large.

1. Fairness

No one likes family or community get-togethers to be dominated by one person or one voice. It is not fair, and it is not fun. So, agree that everyone gets the same amount of time — say, three minutes — to speak without interruption. They can pass, but they have the opportunity. (Anyone with a cell phone timer can keep everybody honest.) Without this ground rule, the conversation can get too hot (interruptions, sarcastic comments, angry outbursts) or too cold (sullen silence, withdrawal, or even leaving the table).

2. Time-outs



Just as anyone has an equal opportunity to participate, so does each person have the right to call a time-out. If something is said that is triggering or upsetting, nothing works better to reset the conversation than a short break. This does not mean you cannot come back to the topic later when everyone has settled down. If you can agree to take a break, it enables everyone... to catch their breath, have a sip of wine or juice, and bring their best selves to the rest of the conversation.

3. Listening & Learning

It is only human to want others to agree with our point of view. But the third ground rule for this kind of trust-building, enjoyable ... conversation is that the goal is not persuasion. It is listening and learning.

When a family listens deeply to each other's feelings and learns more about their differences as well as their similarities, they get closer to each other. Love grows. And everyone leaves the table feeling glad that they came together and look forward to doing so again.

Gerzon and Barrett-Page add an important note about the innocent bystanders who are so often wounded in deep ways when they get caught in political crossfire.

Here are eight ways you can do your part to create unity in the church.

- 1. Remember Your Common Identity. ...
- 2. Acknowledge Your Need **for** Community. ...
- 3. Stay Humble. ...
- 4. Embrace Your Differences. ...
- 5. Believe the Best **in** Others. ...
- 6. Work Through Conflict. ...
- 7. Check Your Motives. ...
- 8. Do not Gossip.



8 Ways To Promote Unity In Your Church – Ephesians 4

1. Be humble.

Always be humble...Ephesians 4:2.

Unity requires humility. A humble person is willing to sacrifice their ego and desires for the sake of the group.

2. Be Gentle.

... and gentle... Ephesians 4:2.

A gentle person as a way of calming those around them. They have the ability to deal with hard situations in a graceful way. Inevitably there will be conflict within the Church. A gentle person will know the right way to deal with it.

3. Be Patient.

...Be patient with each other... Ephesians 4:2.

A patient person keeps calm even when those around them are being irritating.

4. Be understanding.

...making allowance for each other's faults because of your love. Ephesians 4:2.

People are sinful and will let you down. Knowing that fact will help your be understanding when they do. Do not expect perfection from your church family because you will be disappointed.

5. Work hard for peace.

Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace. Ephesians 4:3.

Unity and peace take hard work. You must be willing to put in the effort to make unity really happen.

6. Celebrate each other's unique gifts.

However, he has given each one of us a special gift through the generosity of Christ. Ephesians 4:7.

Each person should faithfully use the gifts they have been given, while at the same time celebrating the gifts of others. Problems come when a person with one gift looks down on others who do not exhibit the same gift they have.

7. Follow those with leadership gifts.

Now these are the gifts Christ gave to the church: the apostles, the prophets, the evangelists, and the pastors and teachers. Their responsibility is to equip God's people to do his work and build up the church, the body of Christ. Ephesians 4:11–12.

God has given people with leadership gifts to the Church in order to equip the members to do the work of the ministry. Someone who is promoting unity in the church will follow spiritual leadership within the limits of scripture.

8. Speak the truth in love.

Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church. Ephesians 4:15.

There will be times that you will need to say hard things to someone. It is important to do this in a loving way. As you do this with one another God will help you grow and will unite you as a group.

Which of these things do you need to apply today?

Here are five practical and immediate ways to fulfill the imperative of "Love your fellow as yourself": -

1. Look for ways to help.

Maimonides (Character 6:3) writes that a person should be concerned about other people's spiritual, emotional and material needs, just as one is concerned about his own needs.

Go out of your way to help others. Give a patient, listening ear (with cellphone off) when someone needs to talk. Make suggestions for someone who is trying to find a job or a marriage partner. Offer to grocery shop to give your spouse a break.

Make the commitment to practice one daily act of kindness. Put it in your day timer along with all your other goals and track it to completion. At the end of the week, reflect back and take pleasure in having accomplished something important.

The key here is to be proactive. I was recently walking in Jerusalem and saw a man struggling with a map to find his way. Although he did not ask for help, I offered. I walked him in the direction he needed to go, and we spoke for a few minutes. He was so appreciative, and I genuinely felt that I had added a good drop into the global mix.

And do not do things only for “people that you like.” The Talmud says it’s even greater to help those you have a strained relationship with. That is because the act of giving will build love between you and help mend the rift.

2. Give the benefit of the doubt.

You do not know a person until you have been in his shoes. In other words, you can never really know. Everyone has their challenges; everyone is moving at their own pace. This is the meaning of the Talmudic imperative: "Be patient in judgment" (Ethics of the Fathers 1:1).

Do you keep a different standard of observance than the next guy? Do not judge. The Talmud says: "Nobody knows whose blood is redder." No one can judge the worth of another person because no one knows where the other is situated on the ladder of life – where he began and how many rungs he has climbed. Some people may be born smarter, and some with more talent in one area or another. But that does not make one individual any "better." Perhaps a thief, given his life's circumstances, is making greater, more difficult life choices than the finest rabbi.

Try focusing on seeing others with a good eye. Assume that they are “doing the best with what they’ve got.”

3. Focus on the positive.

We all have bad days where we are tense or disappointed. Although I may feel like letting out a burst of criticism, I try to flip it upside down (or right-side up, in this case) – to take that moment of potentially negative interaction and use it to say something complimentary, endearing. Something that will build the other person and build our relationship. It is just a matter of flicking the switch, a decision to unify rather than divide.

When someone helps you out, express gratitude and do not assume the other person “knows” they are appreciated. Everybody (even the most “annoying” person!) has something positive. Give a genuine complement and encourage their good traits. Everybody needs to hear praise – especially someone with low self-esteem. A kind word at the right time can inspire, lift, and even change a life.

Make genuine eye contact that communicates, “You are important.”

The Talmudic sage Shammai exhorts us to "greet every person cheerfully" (Ethics of the Fathers 1:15). No, not the fake kind at the checkout counter. Rather, genuine eye contact that communicates, “You are important” – and punctuated with a smile.

Another aspect to this is how we react to other peoples’ success. If we are all in this together, then I will be thrilled for his success.

A corollary of this is to not speak negatively about others (Leviticus 19:16). Gossip is the verbal atomic bomb of relationships. It destroys marriages, businesses, friendships. Just because it is true doesn't mean you need to say it. Big people speak about ideas, average people speak about things, small people speak about people. Be big.

4. Respect elders.

There was a time when society accorded honour to the elderly. Today, when one is worth seems to be based on an ability to master the latest technology, the "older generation" simply cannot compete.

Judaism teaches that every old person has a special wisdom that comes with life experience. Humans are made up of two parts, physical and spiritual. As a person ages, the body weakens, thus enabling the spiritual side to exert itself to a greater degree. The Talmud delineates age 80 as peak spiritual strength – the prime of life!

Thus, the Torah specifically instructs us to "honour the elderly" (Leviticus 19:32). On public buses in Israel, for example, the first row of seats is marked with a sign quoting this verse.

We even give honour even to one who no longer possesses full mental faculties. The tablets of the Ten Commandments, which Moses shattered, were kept alongside the new tablets in the Ark of the Covenant. This teaches that we must continue to respect the elderly, even when they are intellectually "broken."

5. Share wisdom.

One of the greatest gifts you can impart is the gift of wisdom.

[Rabbi Noah Weinberg writes](#): Whenever you learn something – from books, lectures, or life experience – do so with the goal of sharing with others. If it was fascinating, how did it change you? What did you learn about living? And how can you transfer that insight to others? If something is worth learning, it is worth sharing.

Let us say that your friend is struggling in marriage. If you have an insight into how to achieve marital harmony, share it. Invite your friend for coffee and, without being judgmental or intimidating, impart the wisdom that you know.

[Ignorance](#) is a terrible malady. Ignorance can cause untold suffering – mistreatment of children, wasted resources, and suffering in a dead-end job. All out of ignorance. Some diseases only a doctor can treat, but ignorance can be cured by everyone who takes wisdom seriously. When you reduce ignorance in the world, even by a little bit, you offer a great gift to mankind.

You do not have to be perfect to share. The key is to care and do the best you can. Connect with others, seeing their needs as your own. King David declares *Olam Chesed Yibane* – the world is built through kindness. That is the essence of Judaism.

Get started building unity through kindness. Use the comments section below to share your successes and challenges.

Promoting Unity in Our Community.

Hello everyone!

Today, I want to address how we can move beyond the political, racial, and religious divide in our nation today. One of my favorite Bible verses on the subject is found in **Psalm 133:1** where David says, “**How good and pleasant it is when brothers live together in unity.**” Here are three things I think we can do to promote unity in our homes, churches, and communities.

1. Never allow your emotions to get the best of you. The Bible says it best in **Ephesians 4:26**, “**In your anger do not sin...**” In other words, I believe it is okay to become upset when you feel that you have been mistreated. It is okay to be angry when you see or personally experience injustice. However, no matter how mad you become, it is never okay to respond in a sinful manner.

Yes, we have the right to become angry, but we must never allow our hearts to be filled with hatred for our fellow man. Always remember, the issue is NOT whether you will disagree with someone, but rather how you treat someone, when you passionately disagree!

2. Ask God for help. I am a firm believer that before you confront anyone, you should pray about the situation. You should ask God to show you how much of the conflict is your fault. You should ask God to reveal to you anything you may have misunderstood. Jesus himself said it best in **Matthew 7:4-5**, “**How can you say to your brother, let me take the speck out of your eye, when all the time there is a plank in your own eye? (5) You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother’s eye.**” Making peace with your fellow man always begins with you taking responsibility for your part in the conflict.
3. Always take the initiative in resolving conflict. Promoting unity means that, at times, you have to be the bigger person. If you are in the WRONG, then certainly go and apologize. Jesus’ says it in this manner in **Matthew 5:23-24**, “**Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, (24) leave your gift there in front of the altar. First go and be reconciled to your brother then come and offer your gift.**” Jesus makes it plain; when you are in the wrong, take the initiative. Yet, Jesus also tells us that when we are in the RIGHT, we should also take the initiative to end any conflict. He goes on to say in **Matthew 18:15**, “**If your brother sins against you, go and show him his fault, just between the two of you. If he listens to you, you have won your brother over.**” Interestingly enough, Jesus says there are only two scenarios where He wants us to take the initiative in resolving conflict with our fellow man, when we are WRONG and when we are RIGHT.

We live in a day and time where politicians, news pundits, and social media have become so divisive. We are living in a day where the actions of many can be characterized as disrespectful, insensitive, and at times, downright hateful. I firmly believe, with the help of the good Lord, we can change things. I believe we can be individual agents of change, promoting unity with our fellow man. I leave you with the words of Paul found in **Galatians 3:28-29**, “**There is neither Jew nor Greek, slave nor free, male nor female, for you are all one in Christ Jesus. (29) If you belong to Christ, then you are Abraham’s seed, and heirs according to the promise.**” Blessings!!!

Promoting unity is an important component of managing any successful organization with more than two members. Sharing a common belief and having a sense of a common purpose are crucial for unifying a team of co-workers, sports players or members of a religious organization. Establishing a sense of cohesion can help your team more effectively achieve their common goals.

Develop a Common Goal.

Having a common, clearly defined goal lets your team know what direction you want to move in. Have a team meeting and ask everyone what their idea of the shared goal is, if appropriate. Write down everyone's ideas and validate them. See if there is a common thread. Decide on your common goal and establish parameters, such as the date the goal should be achieved.

Arrange Team-Building Activities

Depending on the type of organization, team-building activities can be an enjoyable, light-hearted way of fostering a sense of unity and cooperation. Plan a group scavenger hunt, throw an informal barbecue, have a potluck lunch or sponsor a company softball team. Have a picnic or a party in the warmer months and invite everyone to bring their families. Arrange activities, such as volleyball or tug-of-war, to make it a fun experience for everyone.

Encourage Open Communication.

Encourage everyone in your organization to communicate in an open, honest manner. In order to promote a sense of unity, every member of your team needs to feel valued and acknowledged. If people have complaints or suggestions about the team's operation or activities, let them voice these concerns in an open forum without criticizing or judging. You might do this in a public forum setting, where everyone can voice their concerns or grievances or contribute suggestions in a group, or have an open-door policy, letting team members know that they are always welcome to discuss these issues in private.

Celebrate Important Events.

Celebrating important events together, whether it is birthdays, holidays or organizational achievements, can promote a sense of unity in your organization. Have a small party to celebrate these types of events. Plan your party accordingly, and make it a festive, cheerful occasion. Buy decorations and hand out flyers to your team members announcing the party.

Problem Solving.

Solve problems when they arise. Nothing kills an organization's sense of unity faster than problems that go ignored by managers, leaders, coaches or supervisors. Attending to problems and addressing the concerns of team members lets them know that you care about them, that they are not just a number to you and that you have a commitment to promoting unity and cooperation.

How do you promote in unity?

Ways to Promote Unity

1. Develop a Common Goal. Having a common, clearly defined goal lets your team know what direction you want to move in. ...
2. Arrange Team-Building Activities. ...
3. Encourage Open Communication. ...
4. Celebrate Important Events. ...
5. Problem Solving.

How can we achieve unity?

Create strong cultures

1. Instil a strong belief in family and **unity**. Leaders avoid finger pointing and blaming. ...
2. Hire the right people. Individuals who share your core values create a common bond. ...
3. Constantly communicate the vision and mission of the organization. ...
4. Create an atmosphere of working through adversity.

How can we promote unity in diversity?

In order to **promote unity in diversity**, we should consider a number of steps.

1. First, there needs to be proportionate development.
2. Second, we should respect the will, aspirations and needs of the people.
3. Third, we should identify genuine problems, ascertain their root causes and address them appropriately. Mar 20, 2019

What is the important of unity?

1. **Unity** is needed for survival. As we all know **unity** protects us from all the evil doings, hence we people should help each other and together we should fight and face the evil and negative things, when we together stand only then we get freedom from all kind of negativity. Jan 27, 2018

What is unity in diversity Short answer?

Unity in diversity is used as an expression of harmony and **unity** between dissimilar individuals or groups.

Which are the factors that lead to unity in diversity?

Factors like **culture**, society, linguistic, physical appearance, religion, ideology, politics, psychology, cultural and many more similar factors are the differences that exist in society, and people focuses on comes over these to gain unity in diversity.
Nov 28, 2018

The **men's movement** is a social **movement** that emerged in the 1960s and 1970s, primarily in Western countries, which consists of groups and organizations of **men** and their allies who focus on gender issues and whose activities range from self-help and support to lobbying and activism.

How Men's Movement Participants View Each other

[John Fox](#)

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[Article information](#)

Abstract

This study compares the opinions of men's movements' participants of each other. Nineteen profeminist, 17 men's rights, and 18 mythopoetic activists returned surveys. Overall, the respondents had little awareness of each other.

The profeminist and men's rights respondents had negative views of each other, while the pro-feminists were more familiar with the mythopoetic men's issues than with men's rights issues.

Further, profeminist respondents were split regarding their opinions of the mythopoetic men's movement.

Men's rights respondents had lukewarm opinions of the mythopoetic men's movement, and the mythopoetic men's movement participants were not familiar enough with either the profeminist or men's rights men's movements to respond.

This study shows that men's movement rhetoric is unreliable in its representation of how men's movement participants view each other.

What are the 4 types of democracy?

Different types of democracies

- Direct democracy.
- Representative democracy.
- Constitutional democracy.
- Monitory democracy.

What are the 3 main rules of democracy?

One theory holds that democracy requires three fundamental principles: -

1. Upward control (sovereignty residing at the lowest levels of authority),
2. Political equality, and
3. Social norms by which individuals and institutions only consider acceptable acts that reflect the first two principles of upward control and political.